

# school & tertiary

2022 programs

# our vision

To increase employment rates and work engagement in young people through the development of career management and self-development skills whilst enhancing mindsets.

# our aim

In our school and tertiary programs, we aim to support not only young people in their career discovery and exploration but the teachers, career counsellors and parents who also support these individuals.

Through our programs and modules, our aim is:

- provide convenient career education resources for education institutes to support the precious time of educators and career departments.
- provide engaging and entertaining experiences for young people to be able to learn and develop skills to thrive in their careers.
- encourage career conversations at home that encourage exploration and curiosity.

# our give back

We believe that it is our responsibility to contribute to communities and individuals who don't have the opportunities we are fortunate enough to have. For every program we run, **10% of the fee goes** back into a community cause as voted by our cohort.



# career management workshops

# interviews

## key learnings

- general questions
- behavioural questions
- group interview questions
- course application questions
- applying for internships
- MMI questions

## time

60 min

90 min

Half-day (interview simulation & role play)

## optional extra

Access to the online learning module  
'school pitch' ideal for 9 and 10 cohorts.

## workshop content

Participants will understand the breakdown of interviews, what questions they can expect and how to answer these questions when you may not have a lot of experience.

## ideal cohorts

Yr 9

Yr 10

Yr 11

Yr 12

Tertiary

## participants will need

- smart device
- note pad & pen



"It was really helpful, the visuals and acronyms were comprehensive and made the entire process really simple and enjoyable! I feel confident going for my first interview"

- student participant

# resumes & applying for work

## key learnings

- resume purpose
- creating content
- resume design
- CAR model
- application process

## time

60 min

90 min

## optional extra

Access to our online resume building tool  
visit [evolvedcv.com/arrive-thrive-reg](https://evolvedcv.com/arrive-thrive-reg)

## workshop content

Participants will understand the appropriate format of a resume. This workshop explores a specific template designed to meet the experience level and needs of the cohort.

## ideal cohorts

Yr 9

Yr 10

Yr 11

Yr 12

Tertiary

## participants will need

- laptop



"Super engaging! Love it,  
good advice! Thank you for  
coming to our school"

- student participant

# linkedin & personal branding

## key learnings

- development of a personal pitch
- networking basics
- digital footprints
- linkedin basics

## time

60 min

90 min

## optional extra

Access to the pitch module, ideal for yr 11 & 12 students.

## workshop content

We take participants on a deep dive into the world of personal branding and encourage an understanding of the importance of this both online and face to face.

## ideal cohorts

Yr 11

Yr 12

Tertiary

\*content tailored to cohort experience

## participants will need

- smart device



"It was helpful and I think I am going to create my own LinkedIn page when I get into a university."  
- student participant

# life design & self-leadership workshops

# goal setting & habits

## key learnings

- habits formation
- stacking habits
- GROW model
- distraction management
- personal device management

## time

60 min

90 min

## optional extra

Access to our goal setting podcast episodes

## workshop content

Students will learn goal-setting formulas that will support their education and career journey while developing small habits that support them in pursuit of these goals.

## ideal cohorts

Yr 10

Yr 11

Yr 12

Tertiary

\*content tailored to cohort experience

## participants will need

- smart device



"Good workshop, good tips for habits such as screen time and studying"

- student participant

# career design & values

## key learnings

- career design principles
- values
- building a purpose
- gratitude
- resilience

## time

60 min

90 min

## optional extra

Access to our values assessment

## workshop content

Understand the formula to design a career that has purpose and meaning for you while also understanding the importance of values in this process.

## ideal cohorts

Yr 10

Yr 11

Yr 12

Tertiary

\*content tailored to cohort experience

## participants will need

- smart device



"Brilliant presentation from Tyson. Very insightful and hugely engaging, cheers so much!"  
- student participant

# developing leadership & purpose

## key learnings

- leadership fundamentals
- empathy
- gratitude
- communication basics
- leadership styles

## time

60 min

90 min

## optional extra

Access to our leadership podcast episodes

## workshop content

Students will discover what traits and abilities they already have as self leaders and how they can develop their leadership capacity in and out of the learning environment.

## ideal cohorts

Yr 10

Yr 11

Yr 12

Tertiary

## participants will need

- smart device



"This helped me have a better understanding of what I should do later in the future to be able to achieve my goal after year 12"  
- student participant

# morrisby & parent evening presentations

# understanding morrisby parents & students

## key learnings

- morrisby navigation
- career exploration
- career design
- career conversations

## time

60 min

90 min

## optional extra

Digital demonstration for the schools career resources.



## workshop content

Students and parents will learn how to use, understand and engage with the morrisby profile. They will also learn how to connect with morrisby over the years. Parents will understand how best to support their young person in education and career decision making

## ideal cohorts

Yr 9

Yr 10

Parents

## participants will need

- smart device
- laptop
- note pad & pen
- morrisby print out (optional)

"Students (and staff!) were engaged and found it informative and helpful. Great way to have students revisit their morrisby results and really make the most of the program."

- teacher participant

# future of work & career conversations

## key learnings

- career conversations
- the chaos theory of careers
- future work trends

## time

45 mins

## optional extra

Access to our podcast

## workshop content

In this presentation, parents will understand how they can support their young persona into the future and learn about what the recent research says about the future of work.

## ideal cohorts

Yr 9 - 12 parents

## participants will need

- smart device



"Tyson gave students so many things to consider and families some great tools and information to equip them to have meaningful conversations to support them through the subject selection and beyond!"  
- teacher participant

# digital career services

modules & podcasts

# alumni podcasts

## project turnaround

3-6 weeks

## content ideas

- design
- engineering & STEM
- business & entrepreneurship
- arts & humanities
- trades
- creative & performing arts
- career stories

## cost

\$350 + GST per episode

## concept

We develop podcast episodes in partnership with your school alumni network by interviewing alumni who have interesting and meaningful career stories.

These recorded episodes act like personalised career resources for the school.

## process

- pre-meet with alumni member
- record the interview
- edit & review
- upload

## previous projects

MacRob - [Career Perspectives with Palladian](#)

"The whole school community has enjoyed listening and loved connecting back with alumni stories and experiences"  
- teacher participant



# online learning modules

## module access

[arrivethriveonline.thinkific.com](http://arrivethriveonline.thinkific.com)

## content ideas

- school pitch
- developing a resume

## time

15-30 mins

## cost

\$1.50 per student user, per module

\$2.50 per student user, both modules

## module content

These modules are designed to support students with developing a personal pitch and creating a resume. Students gain templates and digital resources during the module.

## delivery

Students can complete the module individually or as a class.

## ideal cohort

Yr 9

Yr 10

## try for free

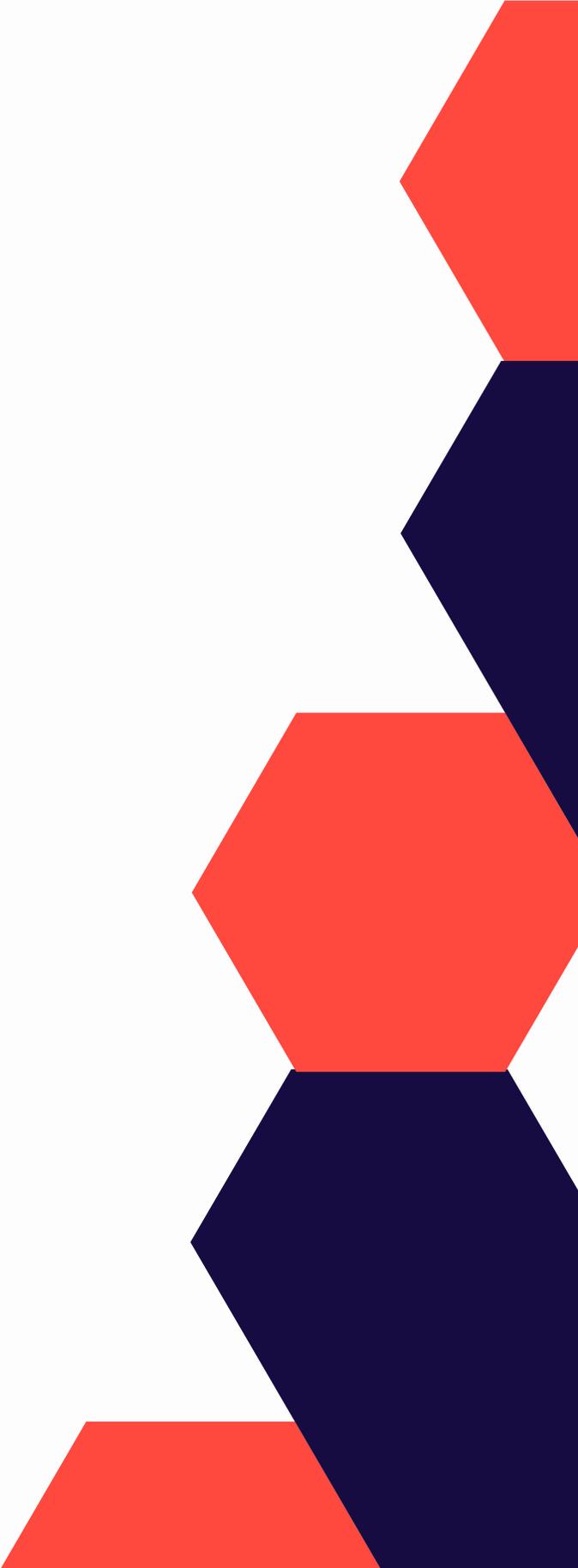
Email [tyson@arrivethrive.com.au](mailto:tyson@arrivethrive.com.au) for a free trial.

"I have learnt how to effectively write up a pitch, which will help me in real-life situations such as applying for a job. It was very clear and easy to understand. I once thought that making a pitch was difficult, however, this learning module has proved me otherwise. With this, I can confidently make my own pitch."

- student participant



# pricing 2022



# workshop pricing

Our aim is to make our workshops affordable for educational institutes all while supporting our mission and the members of our community through our 10% donation.

If you have further questions about pricing please contact [tyson@arrivethrive.com.au](mailto:tyson@arrivethrive.com.au)

## 60 minute workshop

599.95 + GST

- includes prior & post phone meetings
- PDF slide deck
- supporting material

## half day workshop

899.95 + GST

- includes prior & post phone meetings
- PDF slide deck
- supporting material

\*travel outside of 50kms from Mornington = 10% travel fee

## optional extras

- access to resume builder software = \$2 per student
- digital recording of digital workshop + edit = \$ 99
- access to online learning modules = \$1.5 per student
- access the arrive & thrive career podcast = free
- photos of workshop delivery = \$19.95

## 90 minute workshop

699.95 + GST

- includes prior & post phone meetings
- PDF slide deck
- supporting material

## digital 60 min workshop

499.95 + GST

- includes prior & post phone meetings
- PDF slide deck
- supporting material

## haven't found what you are after?

We can custom build workshops and modules for our clients, simply email [tyson@arrivethrive.com.au](mailto:tyson@arrivethrive.com.au) to discuss further.