HOW TO HELP SOMEONE DESIGN A MEANINGFUL CAREER

1. Ask the following questions;
   What are you good at?
   What do you love?
   What do you think the world needs?



2. Encourage them to connect with someone that they admire for the work that they do.



3. Help them to keep positive and reframe any challenges that may arise.



4. Check-in occasionally and ask how you can help.



arrive &thrive